### P.N. TRAMPING & MOUNTAINEERING CLUB INC.

Hon. Secretary: Lynne Potter 79.499 P.O. Box 1217, Palmerston Nth.

#### **NEWSLETTER 8/69**

CLUB NIGHT: 28th AUGUST, 7.30 p.m.

Berry Engineering Ltd. Social Room.

It is extremely important that trampers and mountaineers should have some knowledge of first aid. Our speaker this month will be <u>Doctor James Willis</u> who will be giving us the benefit of his advice on how to deal with accidents on the mountain or in the bush.

We are indeed fortunate to have an opportunity to learn about this subject and hope that a full attendance of members will be present.

Committee meeting: 26th August, 7.30p.m. at Don Fletcher's, 8 Erin Street, Place.

### PAST CLUB NIGHTS:

<u>26<sup>th</sup> June</u>: Four members from the Y.M.C.A. Karate Club provided entertainment this night. Members were shown how to drive a person's nose bones up into the brain with a blow from the base of the hand. Other spectacles included the smashing of concrete blocks and pieces of wood with heads, elbows and hands (not vice versa). The large amount of hard work required to become competent in this art should ensure that undesirables don't become too dangerous.

31<sup>st</sup> July: A moderate attendance saw two National Mountain Safety Committee films on rock climbing and snowcraft. The films, both new and in colour, showed the basic techniques of mountaineering. Following the showing of the films, Mr. Jim Neumann of Tisdalls demonstrated tramping and mountaineering equipment.

### **NOTICES FOR TRIP LEADERS:**

A trip leader's chief headache is finding out how many people intend coming on a trip so that transport and equipment can be arranged. If you wish to go on a trip you can help the leader by:-

- 1. Letting him know at least one week ahead of the trip.
- 2. Confirming your intention the day before the trip. If, for any reason, you change your mind let the Leader know.

Don't just not turn up. Generally leaders can accept late names, but don't count on it.

At the last Committee meeting a motion was passed requiring Trip Leaders to deposit a list of trip members at the Central Police Station immediately before departure. Trip leaders must check that all members of the group have returned to the vehicles and can then advise the Police, either by phone or in person, that the list can be destroyed. This list will be of great help if a party becomes overdue, as it is often very difficult to find out the names of people in such a party.

## **COMING TRIPS**

## 16 – 17<sup>th</sup> AUGUST: MOUNT RUAPEHU

This trip to the Wanganui Tramping Club on the Ohakune side of the mountain leaves the Izadium at <u>5.00 A.M</u>. Saturday. The hut is situated in the bush 1 - 2 hours from the road. Bring mittens, longs, balaclave, etc. The annual Snowcraft Course will be run from the hut also.

For the trip to the Hut - Trip Grading MEDIUM.

For the Snowcraft Course - Trip Grading MEDIUM - FIT; some of this party will snowcave on Saturday night. Overtrousers and overmitts required. Transport - \$2.50, Hut Fee 35 cs.

Leader: Tony Mullins, phone 73.805

# 24<sup>th</sup> AUGUST: WHARITE

A very easy day trip to the T.V. Translator as well as a tramp along the ridge above the Coppermine area leaves the Izadium 8.00 A.M.

Names to Peter Clausen 26.521 Leader: Warwick Blanchard.

### 6 – 7<sup>th</sup> SEPTEMBER: RANGIWAHIA HUT:

The School Holiday trip of which parents will be made very welcome. Members - this is your opportunity to share a weekend at Rangiwahia Hut with Mum and Dad.

For details please ring the leader who would like to have names early as it is very likely that THE HUT will be filled to capacity on this weekend, and numbers could have to be limited. He will also be able to arrange for the hire of any parkas, boots or packs which may be required.

Trip Grading – MEDIUM Departure 7 A.M. from the Izadium.

Leader: Don Fletcher 87.432

## 12 - 14th SEPTEMBER: WAIHOHONU - KETETAHI:

A visit to Tongariro National Park with Tony Morrison. A FITNESS ESSENTIAL party will climb Ngauruhoe and a MEDIUM party, including the drivers, will travel to Ketetahi Hot Springs and the new hut with mattresses!

Names to Tony, phone 86.397

### **ACCOUNTS OF PAST TRIPS**

# ROCK CLIMBING, Manawatu Gorge, 13th July:

Peter and Judy Wilson gave excellent instruction to the Club members who attended the course. This is not the first time that the Club has been indebted to the Wilsons. The techniques and points covered included the following;

- i) the importance of an upright stance for balance,
- ii) belaying,
- iii) double roping.

One weakness was evident and this was the inability of some Club members to tie the bowline and the figure-of-eight knot. All those who attended the course should remember that only the very elementary techniques of rock climbing were shown. Much practice and experience is needed before competence can be achieved, for most mortals anyway.

IRON GATES: 3<sup>rd</sup> August:

Sunday dawned fine and clear as the party of nine left the transport at the end of Table Flat Road and proceeded along the bush track which soon came out onto the side of the Oroua River valley. The valley is rather like a South Island river valley with its grass flats on the valley floor with rather open bush up the sides and beech forest higher up.

The track followed the side of the valley and kept some distance above the river; except where it crossed a side stream; then it eventually came right down to the river bank opposite the N.Z.F.S. cullers' fly camp, 1½ hours from the cars. The camp was situated in a sunny sheltered clearing.

Ten minutes later the track led across a large tributary, up the side of a spur, and 2 hours 50 minutes after leaving the cars the Iron Gates Hut, built on another sunny flat about 10 or 15 feet above the river bed was reached.

According to the Hut Log, Roger "Hunter" Clarke had spent some time working in the area around Triangle Hut, further up the river. After a most refreshing brew up and a bite to eat, the party went upstream for a short way, but returned to the Hut around 2 o' clock and finally reached the cars again at 5.15 p.m.

Throughout the trip the scenery was terrific, with numerous birds of various types being seen and heard almost continuously. Three deer and some rather large trout were also spotted.

Party Members: Nick Wolf, Warwick Blanchard, Ian Hoare, Ces Robieson, Robin Paul; Rob Wastney, Mark Taylor, Dennis Moore and Russell Johnson: (Leader). Sheryll Kirkpatrick and Ross Eliott were unable to attend, having been caught by the dreaded flu on Saturday.

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HIRE GEAR: Remember that it is cheaper! ... cheaper! ... cheaper! ... to hire gear than to buy gear.

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