

# Palmerston North Tramping and Mountaineering Club Inc.

www.pntmc.org.nz

P.O. Box 1217, Palmerston North

## **Newsletter July 2012**



The White Cliffs of Tongaporutu

[Terry Crippen]

## **Club Nights**

All are welcome to our club nights. These are held at 7:45pm on the second and last Thursday of each month at the Society of Friends Hall, 227 College Street, Palmerston North.

## 12 July

## Bill Denz - Climbing Legend

Bill Denz was the original hard man of New Zealand climbing back in the 1970s and 80s - unfortunately he was killed in the Himalayas at the age of just 32. Tonight Paul Maxim gives us a presentation about this legendary climber. Paul will also bring some copies of his biography "Bold Beyond Belief, Bill Denz New Zealand's Mountain Warrior" so bring some cash if you would like one. The book will be reviewed in this Newsletter soon.

## 26 July Day Trips at Mt Cook

A trip down south to do the Ball Pass turned into several day trip adventures, with a overnight stay on the Annette Ice Plateau.

## Craig & Mike Allerby

Paul Maxim

## **Upcoming Trips**

#### 7 July (Sat) Fern Walk Pohangina Ε Janet Maessen 353 0922

One of many excellent walks in this area, with the opportunity for a few other walks, and a good riverside picnic (or a café).

#### 7-8 July Pourangaki Hut M/F Janet Wilson 329 4722

A lovely Western Ruahines hut, in from Mangaweka, with alpine tops close by. The trip leaves early Saturday, or possibly Friday (depending on interest). The route will depend on snow conditions (you may need crampons) please call me to discuss this trip.

#### 14 July (Sat) Burn Hut, Mangahao Dave Grant

М 357 8269

This tramp in the northern Tararuas will take us from the Mangahao middle dam up onto the tops for lunch at Burn Hut. The route then loops back to the top dam via College Creek. A great variety of scenery and terrain - river valley, bush, tussock and leatherwood. Leave from Milverton Park 7.30am.

#### 15 Te Ekaou + Forks Bruce van Brunt 328 4761

E/M

This is a nice local trip with a mix of a farmwalk, followed by a visit to one of the few bush edge huts left in the Ruahines. We then go for a forest walk (lots of fallen beech trees) ending in a steep but fun descent down to the pleasantly appointed Forks Hut. We aim to meet in Pohangina at 8:30am, and have lunch at Forks Hut.

#### 21-22 July **Triangle Hut** M/F Mike Allerby 323 8563

In the upper Oroua valley, with whio, forest, and a great fireplace, is this good hut. Because it's best accessed from Rangi, you will need alpine equipment. River access down at Iron Gate Hut will most likely be unpleasant/difficult/impossible at this time of year.

21 or 22 July (weather dependant) Snowcraft 1 Terry Crippen, Bruce Van Brunt. (Refer to notices)

22 Julv Wharite E/ M Warren Wheeler 356 1998 Depart 8.00am for the Coppermine Creek Track in behind Woodville. After about 20 minutes of

easy sidle track we turn off at the Wharite track junction. It is steep at first, then eases off. The last 30-40 minutes is along the ridge through the leatherwood and is quite muddy in places but sheltered from the wind. Return the same way after lunch at the transmission tower.

#### 28 July (Sat) Foxton Beach Walk Tina Bishop

Ε 355 5755

Everyone welcome - we will explore the beach and the dunes and decide on the day how long/far we go. Sports shoes will do and lunch supplied at "Bishops Beach Bach". Will be meeting you at the beach 9.30am - ph 355 5755 by Mon or Tues before, otherwise ph/txt 027 480 3342 by Fri.

## 28-29 July

Te Hekenga Derek Sharp

F 323 3028

This alpine crag is located high in the central Ruahines, between Rangi and Howletts huts. This is a trip guaranteed to show you some of the best alpine areas there, including Sawtooth Ridge. Come prepared for snow and ice.

## 1 (Wed)

Snowcraft 2 evening (for participants). Refer to notices

## 4 (Sat)

#### Manawatu Gorge Gina Fermor

E/M 359 0096

An eternal local favourite on a good trail, with the promise of a café visit after the tramp.

## **Trip Grading**

Trip grades depend on many factors, especially weather and terrain. A reasonably proficient tramper should expect to do the trips in the following times:

Easy (E):	3-4 hrs
Medium (M):	5-6 hrs
Fit (F):	about 8 hrs
Fitness Essential (FE):	over 8 hrs
Other grades:	
Technical skills (T)	
Instructional (I)	

## Trip participants

Contact the leader at least 3 days in advance. Trips leave from Milverton Park. A charge for transport will be collected on the day.

## Gear for trips

Minimum gear for day trips is appropriate footwear, pack, lunch and snacks, waterproof jacket, overtrousers, gloves, warm hat, torch, toilet paper, matches or a lighter, sunblock, first aid kit, and a survival bag or space blanket. Each person needs to be equipped to survive overnight.

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#### **Trip leaders**

Complete the trip intentions form and leave with one of Overdue Trip Contacts or drop into 44 Dahlia St. If you are unable to run your trip as scheduled, advise a trip coordinator as soon as possible so that alternatives can be arranged.

## **Overdue Trips**

If a club trip is late returning, please do not worry unduly as there is probably a good reason for the delay. If you are in any doubt, please phone one of the Overdue Trip Contacts:

Mick Leyland 358-3183 Martin and Anne Lawrence 357-1695

## Articles for the newsletter

Send by the 20<sup>th</sup> of each month to Tony Gates, the newsletter editor, at <u>kiwi@leatherwood.co.nz</u>, or via <u>http://www.pntmc.org.nz/mail/</u>

## **Committee Snippets**

- We are currently working with Andrew Mercer, of the local DOC office to finalise the wording of the Mid-Poh, Ngamoko and Rangiwahia Hut Management Agreements.
- Our efforts to have some common usage names of otherwise unnamed Ruahine features approved have stalled. The New Zealand Geographic Board does not appear to be interested in the suggestions of a small organisation such as ourselves.
- The club has been invited to take part in a recreational user survey of the lower Oroua River. Unfortunately the upper reaches which we frequent within the Ruahine Forest Park are not included.

## Notices

#### FMC Photograph Competition 2012

Readers will note in the latest FMC Bulletin that the name PNTMC features. Eric Liu's stunning photo of his tent under a starry sky won the runner up position in the 2012 Photo competition Hut and Camp life section. Well done Eric.

## Ruahine Hutbagging Exploits of Chris Tuffley

The link below is to an album I've been creating on Picasa from my hut bagging trips. The pictures are geotagged, so the "Photo Locations" map on the right shows where they were taken. If you click "view map" beneath this, zoom in, and then at the top right of the map where it says "Map | Satellite" choose either "Satellite" or (I think more interesting) put the mouse over "Map" and then tick the "terrain" box, you can see what the topography looks like.

I'm hoping to get a bit more of the map covered with pictures by the end of the year <u>https://picasaweb.google.com/10333957227366</u> <u>3933322/RuahineHutBagging2012</u>

## Snowcraft 2012

Winter has arrived!

PNTMC's Snowcraft Programme gets underway mid-July.

It has two aims; to equip people with the necessary skills for safe tramping in snow (SC1); and to pass on the fundamental skills of mountaineering (SC2 & SC3).

Beginners are encouraged to do at least SC1.

It will be running as day trips to Mt Ruapehu with evening sessions held mid-week.

18 July (Wed night)	SC1 Intro and briefing
21 or 22 July	SC1 Mt Ruapehu
1 August (Wed night) rope work	SC2 Briefing & intro to
4 or 5 August	SC2 Mt Ruapehu
15 August (Wed night)	SC3 Briefing & ropework
18 or 19 August	SC3 Mt Ruapehu

The fee for each of SC1, SC2, SC3 is \$40 if PNTMC member or \$50 if non member.

Total cost for the full course is therefore only \$120 (members) or \$150 (non-members).

This covers weeknight venues, day transport, group gear hire, and instruction. Individual gear hire, if needed, is an additional cost for non PNTMC members.

Pass the word round to friends you may think are interested.

Applications (returned application form and fee) close Thursday 12th July. Application forms are available on the Snowcraft link at: <u>www.pntmc.org.nz</u> or from Terry Crippen 356-3588 or Bruce van Brunt 328-4761.

## **Tramping Recipes**

## Feijoa Ice Cream (Terry's)

3 bowls 1 or 2 egg whites 400gram peeled feijoa 180 gram sugar 300 ml cream, or half cream and half yogurt.

Beat egg white in bowl #1. Mash up feijoas with sugar in bowl #2. Whip up cream/yogurt in bowl #3. Fold egg white into cream/yogurt. Then fold this into feijoas and sugar. Pour into empty 2L ice cream container (preferably Deep South brand that have excellent images of Mt Aspiring etc on lid). Freeze - takes over night. Eat.

#### Feijoa Dumplings (Anne's)

6 large feijoa ½ cup sugar 25 gram butter 1 tsp cinnamon sugar pastry

Peel and halve the feijoas and roll in sugar. Roll out pastry and make dumplings of each feijoa half by wrapping in pastry square. Arrange in buttered oven dish. Cover with syrup made by combining water, sugar, butter and cinnamon. Bake in oven at 180 centigrade for 1 hour. Eat with yogurt or cream.

## **Trip Reports**

#### Queens Birthday Weekend 2012 Feijoas at Tongaporutu Report and Photo by Terry Crippen

Another excellent enjoyable Coastal Queens Birthday was had by nine of us, thanks to Janet's excellent planning and organizing! This time it was on the North Taranaki coast at Tongaporutu where the famous Three Sisters were – now as a result of non-ending geological processes (this time coastal erosion) there are just two of these stacks. We had the pleasure of staying in a proper bach (as against a flash holiday homes) co–owned by club member Harley Betts and others.

We set off on Friday morning with Big Red and Anne & Martin's vehicles filled to the brim with food, drink, gear and lots of fejoas. Our first "rest" stop was the Hawera water tower for views of Mt Egmont/Taranaki. Then it was of to the Eltham cheese shop before heading into North Taranaki country. We had to stop at Mikes Brewery for lunch, followed by a very informative tour of the brewery itself, with lots of tasting of beer at various stages of production. Then it was up and over Mt Messenger and down to Tongaporutu.

Janet had planned a range of activities; cruising up the Mokau River, a walk/tramp along the White Cliffs Walkway, checking out the Two Sisters and other coastal features. A spot of fishing was also on the cards, some kayaking on the river, together with lots of eating and socializing.

We cooked in three groups for the whole party so it meant two of the evenings it was like over eating at a restaurant: A fine roast one night, some very hot and spicy Thai curry another, and

a big lasagne the next. Desserts had a distinctly feijoa theme: Feijoa ice cream and fejoa & ginger cake; carrot cake, yogurt and feijoa; and feijoa dumplings!

Friday afternoon, on arrival, we tried to check out the Two Sisters but the tide at the river mouth was up a bit. Later some of us checked out the glow worms and a monument over the other side of the Estuary before beginning the pre-dinner drinks and nibbles.

Saturday was down to be the dryer day, so it was the White Cliffs Walkway from the northern end. Initially over farm land on a super farm track thanks to the gas pipelines. Then into DoC reserve, also on an excellent (pipeline) track. One tunnel through the coastal cliff was investigated before heading into the steep forested part of the walkway and dropping down the Waipingao Stream to the coast for lunch.



Picnic lunch at the Marine Reserve

The White Cliffs are very impressive, relatively hard sandstone and mudstone, that reach about 200m above the black sand beach. Being White Cliffs we were expect one of Vera Lynn's songs to be heard sung by a certain club member! The hill country in North Taranaki is equally impressive; very steep mostly bush covered with numerous huge bluffs.

We exited the beach via a "DoC closed" tunnel back up onto the raised coastal terrace. All this walking justified all the food and beverages consumed for yet another night.



Stock tunnel top exit "closed" [Warren Wheeler]

Sunday was forecasted to be a bit wet, but wet or fine, a boat trip up the Mokau River was going to be a completely new experience to us trampers. The tour was run by the Whitaker family; "The Big Blue Boat" otherwise know as Glen Royal. This river is navigable for many kms and was a major waterway for coal and timber earlier on. Now it is lined with hundreds of makeshift whitebait jetties and shacks. Very steep bush covered country but soon the slopes eased and we had farmland on one bank.

Lots of interesting history embellished at times, was unfolded about the river, coal mining, logging, farming and what Tinui-Waikato got up to back in the 1800s. A Devonshire Tea was put on and we all went for a guided nature walk. Back to Mokau we checked out the local museum before retiring to the batch and this time successfully getting round the river mouth to check out the Two Sisters, the "Elephant", various caves and other impressive coastal erosion features. Back to our base then the start of the evenings eating. That evening some of us visited the Rapanui Grey Faced Petrel Reserve, others preferred to sit in front of the fire and read.

Monday morning necessitated a big pack up, tidying up the batch, and bidding farewell to North Taranaki. We headed into New Plymouth and checked out the very impressive new Te Rewa Rewa bridge, for pedestrian and cyclists, it is part of the coast walkway from New Plymouth to Bell Block – it's like one side of a whales rib cage. Then it was off back to the Manawatu.

Many thanks to Harley for the use of the bach and to Janet for being Organizer – where will Queens Birthday 2013 be? We were: Janet Wilson, Graham Peters, Richard Locket, Tina Bishop, Warren Wheeler, Woody Lee, Anne and Martin Lawrence, and Terry Crippen.

## 4 June (Queen's Birthday) Manawaty Gorge Walk Report by Kathy Corner

Lisa and I set off in grey skies to do the gorge walk. Our first viewpoint we could look down and see part of the big slip and hear the machinery going. However we didn't get a true view of the slip until we drove back through the gorge. We had a great half lunch break at windy lookout and it wasn't windy at all and by this time beautifully sunny. We hitchhiked back through the gorge and we had to wait 10 minutes for a lift (previously I have only waited 5 minutes!) maybe they didn't like our legs! It was my first view of the famous slip and I couldn't believe how huge it was!

#### 10 June Longview Hut Report by Lisa Imai Photo by Warren Wheeler

This was my fifth tramping trip experience after joining the club in April. So far this was the hardest trip because of the windy weather on the day. It wasn't a short drive after starting early in the morning, with Richard, Warren, Kathy and I.

Unfortunately the road was rough and had many corners on the way which made me car sick, although I didn't end up in a worst situation and

survived after I got out of the car and walked with Kathy to get some fresh air.

In the beginning when we started walking it was sunny with no wind and a new zigzag path, and then went through some steep parts later on. Eventually when we got higher, there became less plants, and more low-height rocks surrounding - and then I met the wind.

There was quite a strong head wind and there were many times that I had to stop or I was forced to stop from going to the next step. I was relieved that I had a stick from Kathy to support walking and standing in the windy and muddy track. I concentrated on walking to avoid slipping or twisting my legs, so I don't know how long it was taking but I felt it was a long way from being able to see the hut.

There was nothing much to hide from the wind in the last part until getting to the hut, so we got into a pair to walk through. We finally arrived at the hut and had lunch. I was quite shocked to hear that *the toilet for the hut has been blown away a few times* because of the wind.



Longview Hut – refuge from the wind

On the way back a semisphere rainbow followed us. There was a fair amount of wind on the way back too, and we had to choose to walk step by step slowly or walk with the wind. I was walking slowly. There were some families with children we met on the way back and one of them had to stop from going to the hut because of the weather.

Warren showed us various kinds of plants growing besides the track, and explained how they are protecting themselves from having a thick leaves and growing close to each other.

We finished the trip with a hot drink with some cakes and muffin at a cafe. Remembering the trip now, it wasn't easy at all but it was interesting experience and it was one of a nice discovery to get to know the country. Thank you to the team for helping me out through the journey.

We were Richard Lockett (Leader), Warren Wheeler, Kathy Corner and Lisa Imai.

## 20 May Umutoi Explorer Report and photo by Graham Peters

Umutoi stream - most of us have been over the arched bridge on the way to the Alice Nash Memorial Heritage Lodge and the Oroua Valley beyond. Some will also have been along the tops between Tunupo and Toka. Maybe, like me you look up a stream or down into a headwaters and wonder what is there - what hidden treasures.

The opportunity to do just this saw Warren and Jeanne pick Janet and myself up in Pohangina and head to Pettersons Rd in the trusty Renault. It was overcast with a cool breeze but we found a shed to get changed in before heading down a secret bulldozed track into the stream.

The stream is reasonably confined at this stage and we amused ourselves trying to work out where, it is rumoured, that a bulldozer was taken up on the true right of the stream to make the rifle range. No joy in that regard but the stream was pretty good going - typically many crossings with the odd little waterfall to bypass and little gorges that would be a problem if the stream was up.

There was chilling breeze running up the stream which, combined with the stream crossings, was wearying, so we were pleasantly surprised when the stream opened up. Initially just enough that we could walk on the banks and then to give

# some quite broad flats covered in beech saplings.

We had looked at the map and decided that at some stage the Tunupo track was quite close to the stream and would provide a pleasant route back to the roadend. And so it proved. We stopped for lunch at a major stream junction with patches of sunlight just tantalisingly out of reach.

From there it was directly up and 20 minutes later we were on the Tunupo track and had a relaxed meander back to the car, via Heritage Lodge of course.

We were Jeanne Ramponi, Janet Wilson, Warren Wheeler, Graham Peters.



Umutoi Steam and forest with PNTMC. Looks like a nice campsight there.

## 17 June Wharite Peak Track Report by Ping Yang

I am quite new to tramping but fell in love with it at the first time. I was always going tramping organised by some friends or colleagues either day ones or overnight ones and I have been to a few of popular places around the North Island, however I didn't realise Wharite Peak track is just "outside my door" but with such a beautiful view. I got a welcome email from Warren Wheeler after contacting him for a day tramp on Sunday. However there was a terrible weather on Sat which made me a bit worried.

Surprisingly it turned to cloudless and blue sky on Sunday which Warren called real sun-day! I got picked up by him at 8am and two of us started our trip. Since I have been to Stanfield Hut (the original plan) a couple of months ago and there were only two of us, Warren suggested to go to Wharite Peak instead.

I had heard of this track from Woody Lee - he described it as a cold, often cloudy and weather-

changeable place. And I would like to go there for a bit of challenge.

We were passing the windfarm on the way, and Warren noticed none of the wind turbines were moving which is quite unusual in Palmerston North, so we decided to stop by. It was such a peaceful morning without even a breeze. So we assumed Wharite Peak would be all good for us.

We started walking from Coppermine Road car park and soon turned off up the Wharite Roadend track. It starts with 20 mins steep climbing which gave us a good warm up. The track has been maintained quite well and there are a few nice hunters tracks by the main way. There are plenty of pepper trees on the way also named "Horopito" in Maori. Warren vividly explained to me how this name "horopito" been made which I found very imaginative and entertaining (contact Warren if u don't know the story).

We had a couple of breaks at some super sunny and open-view places where we had snacks, water and of course cool photos! We managed to see those amazing snow-covered Ruahine ridges and leatherwood trees. They were incredibly beautiful under the sunshine.



Perfect winter tramping en route to Wharite

The track became boggy when going higher but fortunately it was all covered by snow and ice. Around noon we reached the destination -Wharite - and had lunch beside the satellite towers. We met some family people who drove there for a good day and we all got impressed by the beautiful winter sunny day indeed. We were able to see Kapiti Island and the Tongariro mountains on this clear day.

We had half an hour lunch break and then headed back. It took us less than 6 hours for the return trip including all the breaks. Back at the car park we used the stream to flush our muddy boots. On our way home we managed to treat ourselves ice creams at Woodville. I got a sore ankle and Warren had sore toes at the end but we enjoyed the walk no matter what!

#### 16 June Aborted Oroua Stoat Trapping Photos by Craig Allerby

It was a tough call but with two inches of snow falling at Table Flat Road it was decided to postpone the weekend stoat-busters trip into Irongates..



Warren & Peter rolling a rather large snowball beside Janet & Graham's shed (yes, it's all snow, with a tiny bit of dirt on it).



Heritage Lodge

## Ruahine Hut Bagging

#### 4 June Mid Pohangina Day Trip Report by Grant Christian

The weather forecast was not looking appealing for Queen's Birthday Weekend. I thought about a walk on Sunday but had not organised anyone else and I decided to stay in Palmy and listen to some of the Jazz that was on around town. Sunday night the forecast for Monday had improved and I decided I should make the most of it. About 8:30 I settled on a plan to head into Stanfield Hut and Cattle Creek Hut. I had looked at Mid Pohangina Hut but thought that would be too far. I planned to leave about 7:00 a.m. to give myself plenty of daylight.

At 5:30 I was awake so snuck out of bed and got myself organised. I was on my way at 6:20. Thankfully I could go through the gorge instead of over the Saddle Road. By 7:30 I was crossing the river at the start of the track prior to the climb up to the ridge track to Stanfield Hut. I made good time and stopped at Stanfield for a snack and to write in the hut book. It was then onward to Cattle Creek Hut. A short walk up the creek and before long I was getting up a good sweat on the uphill that leads to the ridge through to Cattle Creek. Once this was behind me I had any easy walk along the ridge and eventually spotted Cattle Creek Hut in the valley below. A quick walk downhill and I was at the hut. More food and water and filling in the hut book. The sun was shining on the hut and it was very pleasant.

It was still early, the weather was good and the water wasn't too cold so I considered the possibility of going on to Mid Pohangina Hut. I studied my map and, based on how long it had taken to get to Cattle Creek, I thought Mid

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Pohangina would take around  $1\frac{1}{2}$  hours to reach. I decided to go for it. Just below Cattle Creek I saw an old sign that said Mid Pohangina Hut 1 Hr. That's good, I thought to myself. Even if that sign is realistic compared to the earlier signs, if I get there in one hour I will have plenty of time.

About 10 minutes downstream I came across a deep hole which, after a bit reconnaissance and weighing of options, I managed to climb around. I was careful to make sure I had firm handholds and footing as it was wet and slippery in places. I hoped that there would not be too many of those.

It was not long before I struck another. I couldn't see the bottom because it was turbulent but I stuck my pole down to the bottom. The water was probably going to be up to my hips. I was not keen on getting into water of that depth at

this time of year. Some more precarious rock scrambling got me past. I carried on down the river and was watching a helicopter hovering about the ridge well above me. It had been in the area for some time, coming and going. I later saw it carrying a couple of deer out.

The rock in the river was slippery and I kept reminding myself to be careful, there was no hurry and I couldn't afford to injure myself because I was alone and nobody knew where I was (from Lucky to be Alive - of course somebody knew).

After an hour had passed there was no sign of the confluence with the Pohangina River. I suspected the 1 hr sign had being put there by superman who did not have to deal with fallen trees, deep holes and slippery rocks. I still had plenty of time so continued downriver. Eventually I could see some pine trees and thought these might be somewhere near the hut. Also I could see a ridge that looked as if it would be on the other side of the Pohangina River. I soon spotted a big orange marker high up on the ridge to my right and what looked like a steep track leading up to it. I scrambled up the track and then down the other side where I found the hut.

It was a nice spot and I sat in the sun by the river for more sustenance and fluid. It would have been a great place to stay for a while but mindful of the short days I was eager to get back again. I filled in the hut book and departed.

The trip back was fairly uneventful, a few falls and I walked into the end of a log and bruised

my thigh which hurt for a while. My legs were beginning to object to the uphill as I climbed up from Cattle Creek. Thankfully it is not a long climb but there is more climbing at the other end of that ridge and I found that even harder. I decided to walk down the river on my way out from Stanfield Hut. Better than climbing back up to the ridge and probably quicker I thought.

The river seemed to go on for ages. I began to regret this decision as my feet and ankles were tired and getting sore from clambering over boulders for several hours. It took me about 10 minutes longer to go back via the river than it had taken me on the way in via the ridge. I arrived back at my car at 3:30, tired, but satisfied that I had bagged three more Ruahine huts, visited two that I had not been to before and had a good day's exercise.

## **Boating Section**



Tony Gates, Anne Lawrence, Martin Lawrence, and Terry Crippen returning from a boating expedition around Lake Waikareiti, April 2006. The extremely shallow Sandy bay forced them to walk rather than row. [Photo Peter Wiles]



Tony Gates and Anne Lawrence moving faster than the trampers around Lake Waikareiti. [Photo Martin Lawence]

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