



PALMERSTON NORTH TRAMPING AND MOUNTAINEERING CLUB INC.

P.O. BOX 1217
PALMERSTON NORTH
NEWSLETTER
July/August 1986

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Membership Enquiries:	Lorraine Bray	86-966
Gear Custodian:	Dave Barker	78-762
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ENQUIRES CONCERNING OVERDUE TRIPS

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ALL TRIPS LEAVE FROM THE NO FRILLS/FOODTOWN CAR PARK, CORNER OF FERGUSON STREET AND FITZHERBERT AVENUE. IF YOU WISH TO GO ON A TRIP, YOU MUST ADVISE THE LEADER AT LEAST THREE DAYS IN ADVANCE. IF YOU ARE INTERESTED IN AN ALTERNATIVE DAY OR WEEKEND TRIP, CONTACT THE LEADER OF THE SCHEDULED TRIP.

Members are reminded that a charge for transport will be collected on the day of the trip, the amount depending on the distance traveled and vehicles used. Leaders should be able to give a rough estimate in advance, if requested.

COMING EVENTS:

31 July – Club Night

Trevor Bissell will be giving an illustrated account of a trip he made to the Wanganui catchment in South Westland in January of this year, along with Roger Redmayne and two others.

Time: 7.45 p.m.

Venue: Society of Friends Meeting Rooms, 227 College Street, Palmerston North.

2-3 August – Snowcraft II

This sequel to Snowcraft I will be held at the N.Z.A.C. Hut at Whakapapa on Mount Ruapehu. If the weather is anything like it was on Snowcraft I it will be a superb week end.

Leader: Nigel Seebeck ph 89043

Grade: Medium

Departs: Friday 6p.m.

3 August – Kapakapanui Day Trip

A good round trip in the south west Tararuas, reaching 'semi-tops' and the possibility of snow.

Leader: John Barkla ph 73543

Grade: Medium

Departs: Sunday 6 a.m.

7 August – Committee Meeting

Decisions, decisions! All are welcome to attend and contribute ideas to the running of the Club.

Time: 7.45 p.m.
Venue: Flat 2, 95 Ferguson Street, Palmerston North (back section).

9-10 August – Mystery Trip

No formal week end trip has been organised so far, but if you're keen don't hesitate to ring John Barkla (73543) who will co-ordinate any takers.

9 August – Cycling Day Trip

How about joining Graham on a cycling trip along the North Range Road? The next best thing to tramping on wheels: Gum boots might be a good idea though.

Leader: Graham Peters ph 65581
Grade: All
Departs: Saturday 10 a.m.

14 August – Club Night

And now for something completely different. A local maestro will be running through some of the steps for square dancing, and giving opportunity to everyone to try their hands (and feet). Ideal practice for the next Club do at Rangī.

Time: 7.45 p.m.
Venue: Society of Friends Meeting Room, 227 College Street, P.N.

16-17 August – Alpha Hut

A trip to the southern Taranua Range for a change. The route's not yet been decided but it's all prime tramping country.

Leader: Roger Redmayne ph (0650)48376
Grade: Fit
Departs: Saturday 6 a.m.

17 August – Pohangina Valley Day Trip

A wander up the Pohangina Valley in the vicinity of the Piripiri Stream.

Leader: Peter Clough ph 61271
Grade: Medium
Departs: Sunday 7 a.m.

23-24 August – Snowcaving/Tenting at Mount Ruapehu

This is an excellent opportunity to experience camping on, in or under snow, and to consolidate snowcraft skills. Snowcaving or tenting depending on conditions.

Leader: Trevor Bissell ph 73543
Grade: Medium
Departs: Saturday 6 a.m. (or possibly Friday night)

24 August – Coppermine Creek

A less frigid alternative to the week end trip, close to home in the Ruahines.

Leader: Doug Strachan ph 75732
Grade: Easy
Departs: Sunday 9 a.m.

28 August – Club Night

Florida in the USA isn't exactly known for its mountains, but it does have wide open spaces in places like the Everglades. Tonight Joanne Blakely will be showing slides of the landscape, flora and fauna of this fascinating area.

Time: 7.45 p.m.
Venue: Society of Friends Meeting Rooms, 227 College St., P.N.

30-31 August – Mount Egmont (Taranaki)

A pleasant week-end's exploration based at Waiau Gorge Hut. A trip to the impressive Brames Falls will certainly be on the agenda.

Leader: Philippa Sommerville ph 64065
Grade: Medium
Departs: Saturday 6 a.m.

30 August – Ruahine Day Trip

The exact location of this one hasn't, been decided yet, but it's bound to involve some crashing around in the bush off the beaten track.

Leader: Dave Barker ph 78762
 Grade: Fit
 Departs: Saturday 7 a.m.

SOME FUTURE TRIPS:

13-14 September - Snowcraft III Details next Newsletter.

Christmas/New Year – Trevor Bissell is keen to take a Club trip to the area between Lewis Pass and the Nelson Lakes soon after Christmas for about 7 days. All grades of fitness will be catered for, so if you think you'd like to go or find out more about it, give Trevor a ring on 73543.

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NOTICES:1/ **NEW AND RESUBSCRIBING MEMERS and amendments to last month's list)**

Heather Meyers	c/- P O Box 5064, Palmerston North	ph 71161
Jan Clifton	11 Andrew Avenue, Palmerston North	ph 80993
Catherine Farquhar	38 Holdaway Street, Blenheim	ph 87168
Ross Fletcher	16 Weston Avenue, Palmerston North	ph 87735
Bill Frecklington	R.D. 5, Palmerston North.	
Margaret Riordan	54 Burns Avenue, Palmerston North	ph 61514
Lesley Warburton	50 Brightwater Terrace, Palmerston North	ph 73859

2/ **WANTED TO BUY**

The Club is in dire need of a FILING CABINET to keep its burgeoning records in some sort of order. Anything would be considered provided it is large (2 drawers or more) and of sound construction. If you have such a cabinet, or know of one likely to be sold, please contact John or Trevor on 73543.

One Macpac Toree pack, plus one sleeping bag (down or Holofill considered) for winter use urgently required. Please phone Andrew Young on 69099 Ext 8056, or 64257 in evenings.

3/ **THOUGHTS OF FOOD TO COME**

Members are given advance warning – sorry, notice – that the Club's annual Christmas dinner this year will be held at the Chalet, overlooking the lagoon on Centennial Drive, on Thursday 27 November. Cost will be about \$20 per head.

Also please note that we would appreciate donations of 30 cents per head towards the cost of providing supper at Club Nights.

4/ **BEDTIME READING**

The Hutt Valley Tramping Club has back issues of its Annual Magazine for sale to those wanting to complete or acquire a complete series. Individual issues are available for \$1 each, or they may also be purchased in sets:

Set I: 1966-1985 Inclusive (no issue in 1980)	\$20 for 18
Set II: 1966-1975 Inclusive	\$10 for 10
Set III: 1977-1985 Inclusive (no issue in 1980)	\$10 for 8

If interested contact:

John Tristram, H.V.T.C., P.O. Box 30883, Lower Hutt.

5/ **RURAL RETREAT**

Philippa Sommerville has access to a cottage at Raurimu near National Park for the week of 18-22 August (Monday-Friday). Accommodation is pretty basic but cosy (like a hut). Cost is \$2 per night per person. If you're interested in a skiing/tramping holiday there at that time, phone Philippa on 64065.

6/ **NEWS FROM THE MAINLAND**

Marlborough Tramping Club is currently extending Hodder Hut and raising funds. Please send donations to M.T.C., P.O. Box 181, Blenheim.

(Some PNTMC members have used Hodder Hut – and some are rumoured to have abused it.)

PAST TRIPS:

8 June – West Tamaki River, Ruahines

What a really scenic area this turned out to be, with plenty of variety as well. Starting from the picnic area at the Tamaki West Road end, we went up the Holmes Ridge, initially over farm tracks, before entering the bush and descending to Stanfield Hut. We had an early lunch at the hut before ascending the ridge to the north and arriving at the leatherwood-covered tops. Once there we had glorious views to the north and west, where Ruapehu and Ngauruhoe could be seen rising out of the cloud like islands in a white sea. And to the east we could see over the Hawkes Bay farmlands to the blue Pacific beyond. After walking south along the tops for a kilometre or so, we dropped back down into the Tamaki valley, from whence it was an easy stroll and wade back to the cars along the river.

We were: Nanette and Peter Clough, Tania Daun and Denise and Rex, Jenny Dymock, Julian Dalefield, Trish Eder, Liz Morrison, Caroline Randall, Margaret Riordan.

Stuffed Tripe au Bissell (with pips in)

Take one Trevor. Add a mixture of various ingredients and plenty of nuts. Mixture may be of uneven consistency but it must be thick. Spread evenly on track.

Whip up mixture with a bit of mountain air and pour down slope. Pass over water three times (avoiding slippery rocks). Tenderise occasionally with the odd snowball. Keep mixture at a brisk boil, stirring all the time. When over-heated, crash in a hut and set aside to recover.

Take one Trevor. Set at 1800 to drive two others to view a lake (surprise:) and back. This can be done in half the time stated, unless stuffed.

Take one Trevor, together with a Ross and three cans of stew (James who?). Set aside while preparing and serving pate, French bread, chilli soup, sweet and sour casserole, spicy vegetables, cauliflower au gratin and miscellaneous items including polonies. Set to eat with accompanying appreciative noises, leaving pudding to heat.

Take one Trevor. Place near coal range to tidy up and make a cup of tea. Search for billy with pudding in. Find only billy with stew on top. Investigate stew. Find pudding, underneath the stew!

Take one Trevor. N.B. Some authorities consider Trevors entirely unfit for human consumption. The texture of a Trevor is rather strong but can be improved by thorough pummelling, tenderising, peppering with insults and spicing with verbal abuse.

Scrape off stew from pudding. Eat with whipped cream, avoiding stray pieces of polony and potato.

Note: This pudding is best eaten when hungry, in poor light, and washed down with copious quantities of mulled wine.

Ingredients: One Trevor Bissell, Ross Vegemite Wallace, (Aunt) Sally Hewson, (a lot of polony), Julian Lambchops Dalefield, Terry Crippen (lightly mulled), Dizzy Lizzy Morrison (stoned), Pip the Lip Somerville.

The Trip: 1½ hours from Turoa Mountain Road to Mangatururu Hut. Half an hour from the hut to Lake Surprise. Fifteen minutes to a good long waterfall on the Mangaturuturu.

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