

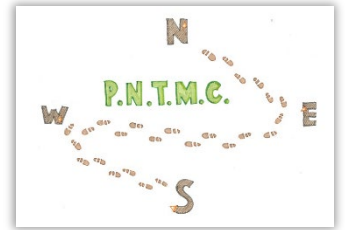
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## PNTMC NEWS

www.pntmc.org.nz

15 May 2020

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The move into Covid-19 alert level 2 will bring changes for all of us. The PNTMC committee is meeting next week to decide what the club should do under level 2. In the meantime, all club meetings and trips remain suspended. We will keep you posted about any changes.

### What can I do when we are at level 2?

#### Tramping including overnight tramping is permitted.

You will be allowed to do your usual exercise, sport and recreation activities, provided you can do them safely.

At Alert Level 2, all DOC facilities, including huts and campsites, will reopen for public use, but there's a catch. To maintain the government's guidelines for gatherings, bookable accommodation is capped to 10 people and there can be no more than 10 people at any of the larger non-bookable huts. At all huts, appropriate physical distancing is required – people should bring a tent to be certain. All visitors need to take responsibility for their own health and hygiene. DOC will undertake the normal checks of facilities, including some cleaning, but visitors are being asked to clean facilities before and after using them. This means visitors will need to carry their own cleaning equipment in and out of the area they visit. Visitors will also be responsible for being able to trace their own contacts during their visit. This includes leaving intentions with a trusted contact and putting their details in hut intentions books.

Fish & Game NZ have announced the game bird season will open on Saturday 23 May. At Alert Level 2, DOC district offices can issue small game and game bird hunting permits for duck hunting on public conservation land and waters.

Recreational hunters can apply online for a hunting permit. Permits will be valid once New Zealand returns to Alert Level 2 at 11.59am Wednesday evening. Hunters should first check their existing permit as it may still be current.

For up-to-date information go to:

- the official government site [covid19.govt.nz](https://www.covid19.govt.nz)
- the mountain safety council site <https://www.covid19outdoors.nz/>
- doc hunting info <https://www.doc.govt.nz/covid-19-and-hunting>  
doc media releases <https://www.doc.govt.nz/news/media-releases/2020-media-releases/more-opportunities-for-outdoor-recreation-at-alert-level-2/>

### Movies to watch

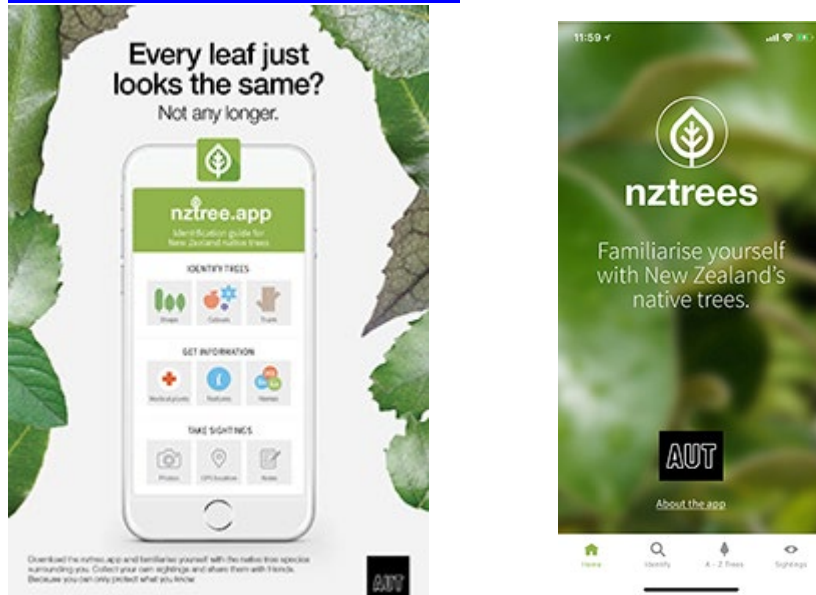
Thanks to Warren for more movie recommendations.

- Zulu (1964)
- The Poseidon Adventure (1972)
- Apocalypse Now (1979)
- Gallipoli (1981)
- Monty Python's Meaning of Life (1983)
- Departures (2008)
- Melancholia (2011)

## App for identifying native trees

You can now identify New Zealand's native shrubs, ferns and trees on the go thanks to a free app developed at Auckland University of Technology.

<https://aenz.aut.ac.nz/nz-tree-app>



## Quick 10 Quiz

Thanks to Warren for producing another quiz. Answers at the end of this NEWS.

1. Is the power supply in Europe 110v or 220v?
2. What is the name of the main mountain range in California?
3. What is the mountain range running from Romania into Ukraine?
4. What is the name of the rapids in the Manawatu Gorge?
5. What river flows past Roaring Stag Hut in the Tararua Forest Park?
6. What is the closest hut to Sudden Lake in the Tongariro National Park?
7. Which is further south, Fox or Franz Joseph Glacier?
8. What word can precede bath, shelf and tray?
9. What is the Maori name for Great Barrier Island?
10. What is the name of the lighthouse on the south Wairarapa coast?

## Reports

Chris Tuffley has had a couple of stories published in Wilderness. You may have seen the first one in the magazine, but the second was online only, so you may have missed it.

<https://www.wildernessmag.co.nz/ghost-captain-kronos/>

<https://www.wildernessmag.co.nz/climbing-lessons/>

## Idioms from Doug

1. On a roll: lying on a sleeping mat.
2. Pay it forward: paying the driver your share of the petrol while sitting in the back seat.
3. Pass the buck: to pay your share of the petrol (used when it's not imperative to specify whether the payer is in the front or back seat).
4. Stay in your bubble: do not leave your dome tent.
5. To cut a long story short: to
6. To make hay while the sun shines: to have your priorities wrong as it's good tramping weather.
7. To cut the mustard: to omit mustard from your sandwich to reduce the weight you carry.
8. To bend over backwards: happens when pack is too heavy.
9. To go the extra mile: happens when you miss a turn off.
10. The track's as crooked as a dog's hind leg: a fairly straight track, like the foreleg of a female deer that a dog has.
11. I've had it up to here with you: gesticulating and reminding fellow trumper how deep the water was when crossing the river together in the past.
12. 20-20 vision: you knew a pandemic would affect tramping plans in 2020.
13. Throw a wobbly: to jump up and down and swing a bridge from side to side when someone else is trying to cross it.
14. House of horrors: a hut full of dehydrated trampers suffering from the dry horrors.
15. To gap it: when, in a crowded hut, you end up sleeping on the point where two mattresses meet.
16. To bite one's lip: survival technique where you resort to feeding on lipbalm.
17. To hold your tongue: technique that helps when putting on boots.
18. Add insult to injury: when Search & Rescue save injured trampers and then tell them they were bloody idiots for having the wrong gear, no PLB, and doing a trip beyond their ability.
19. Read someone their rights: when the saved party starts sobbing so the rescuers mention one or two things they did right.
20. Top of the range: 1. a popular place to put a billy. 2. Where you get to after climbing up a ridge.
21. Here today, gone tomorrow: a lazy hut book entry.
22. To be in hot water: lying care-free in a hot spring.
23. Eat like a bird: a hungry trumper tearing into meat like a hawk.
24. To get cold feet: happens to those who don't bail out of winter trips.
25. Take your pick: don't forget your ice axe.
26. Pass with flying colours: flamboyant trampers who rush past wearing psychedelic longjohns.
27. Easy come, easy go: a family grade trip.
28. Let your mind wander: let your mind go on a virtual tramp during lockdown.
29. Fiddler on the roof: that mischievous kea on the hut roof.
30. The final countdown: how many trampers are left once you get down off the mountain.

### Oven baked pumpkin risotto (from Anne Lawrence)



I've made this a few times, and it has been successful every time. It is amazingly easy to make. Even though there is only 1 ½ cups of rice, it makes a lot (because of the 3 cups of pumpkin). It will feed 4 hungry people.

If you are using a heavy cast iron casserole pot with a lid, then the cook time should be 25 minutes because it retains heat so well. If you are using a lighter weight pot covered with foil, then it might take longer (maybe 40 minutes).

#### Ingredients

- 3 tbsp salted butter
- 1 ½ cups arborio rice
- 1 onion, diced
- 600 g pumpkin (weight after peeling and deseeding). Diced into 2cm cubes (about 4 heaped cups)
- ¼ cup white wine
- 3 ½ cups vegetable or chicken stock
- 2 tbsp sage leaves, roughly chopped
- ½ cup parmesan cheese, grated
- Salt & pepper

#### Crispy Sage and Brown Butter (Optional)

- 3 tbsp butter
- 12 - 20 sage leaves

#### Instructions

1. Preheat oven to 180C.
2. Melt 1 tbsp butter in ovenproof pot (preferably with a lid) over medium high heat.
3. Add onion and cook until translucent.
4. Add chopped sage and cook for 1 minute.
5. Add rice and stir so all the rice grains are coated with the butter and semi-translucent.
6. Add white wine and cook until the liquid evaporates - about 1 minute.
7. Add pumpkin and stock, stir. Let the liquid heat up but do not bring to simmer.
8. Put lid on (or cover tightly with foil) and place in oven for 25 minutes, until rice is just cooked - don't worry if there's excess liquid. If rice is still uncooked, return to oven for 5 minutes.
9. Add remaining butter and parmesan cheese.
10. Stir vigorously until the pumpkin turns into a puree and blends into the risotto. If it's too thick then add a splash of hot tap water. Should have a porridge like consistency so it sags a bit when served, rather than staying in a tall, firm pile.
11. Spoon into serving bowls. Garnish with crispy sage, 1 or 2 teaspoons of brown butter and parmesan cheese. Devour immediately!

#### Crispy Sage

1. Melt butter in a small pan over medium high heat. Once foaming, add sage leaves and stir gently.
2. Cook for 1 ½ minutes or until crispy.
3. Immediately remove sage onto plate lined with a paper towel and pour the brown butter into a heat proof jug.

## Answers to the Quick 10 Quiz

1. 220y; 2. Sierra Nevada; 3. Carpathian Mountains; 4. White Horse Rapids; 5. Ruamahanga River; 6. Mangaturuturu Hut; 7. Fox Glacier; 8. Ice; 9. Aotearoa; 10. Cape Palliser.