

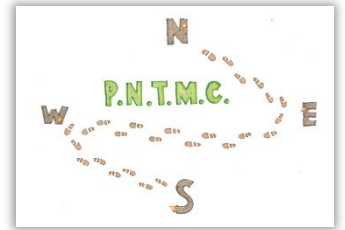
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## PNTMC NEWS

www.pntmc.org.nz

24 April 2020

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The move into Covid-19 alert level 3 results in some changes for trampers but no change for our club. All club meetings and trips remain suspended until further notice. We will continue to publish the PNTMC NEWS on a semi-regular basis until further notice. Please send anything you would like included to Anne Lawrence ([anne.lawrence.nz@gmail.com](mailto:anne.lawrence.nz@gmail.com))

### What can I do when we are at level 3?

Under Alert Level 3, overnight trips are not allowed and DOC huts, campgrounds and toilets remain closed.

Visitors can enjoy local DOC tracks, but overnight activities will not be permitted. As it's not possible to service DOC toilets to COVID-19 standards, these facilities remain closed – unless use is unavoidable – and visitors must take their litter home with them. For places to remain open and to ensure everyone's safety, we must all stick to the Government's guidelines outdoors, keep travel to a minimum and plan activities to avoid the need to use public bins and toilets.



Photo: Anthony Behrens

**Can I drive to do a recreation activity?** You can drive within your region (or local area if you live near a regional boundary), to do a recreation activity. Stick to the option closest to home, and stay safe.

**How far can I drive to do a recreation activity?** You should drive as short a distance as you can, and still do the activity. You must stay local. Your nearest recreational area could mean travelling to a neighbouring region if you live on a regional boundary, as long as this is still local and a close distance to your home. Travel to your nearest park or beach, not your favourite one.

**Can I go to the beach or park?** You can visit a beach or park in your region, or local area if near a regional boundary. You should drive as short a distance as you can, and still do the activity, for example a beach 45 minutes away. Try to visit the closest one to home. Make sure you stay 2 metres away from others. If the beach or park is busy, go home and try again later.

**Can I go tramping?** You can go on day walks on easy trails in your region – but check if they are open before you go, as many DOC trails are closed. Stay as close to home as you can, and make sure you maintain a 2-metre distance from other people.

**Can I go hunting?** Hunting will be prohibited on public land but permitted on private land.

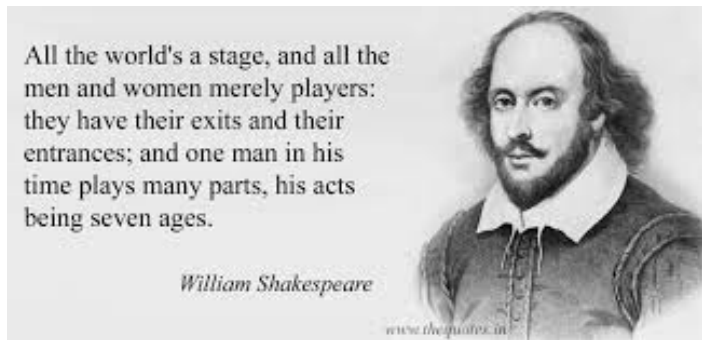
<https://covid19.govt.nz/assets/resources/COVID-19-Alert-Level-3-Frequently-Asked-Questions.pdf>

<https://www.doc.govt.nz/news/issues/covid-19/>

## Things you CAN do during the lockdown

### Listen to a Shakespeare

Circa Theatre have made their 2009 production of Shakespeare's 'All the world's a stage' available free to the public. Voiced by Ray Henwood and directed by Peter Hambleton. The recording is high quality audio, allowing you to hear the beautiful soliloquies performed by Ray as you go throughout your day.



<https://www.circa.co.nz/package/all-the-worlds-a-stage/>

### Watch a movie

More movie recommendations from Warren:

- The Italian Job (1969)
- Oh Lucky Man (1973)
- Papillon (1973)
- Monty Python and the Holy Grail (1975)
- Logan's Run (1976)
- Flying High! (1980) also known as Airplane!
- Back to the Future (1985)
- Benji the Hunted (1987)
- Cast Away (2000)
- Cabin in the Woods (2012)

### Go to the museum

- You can do a virtual tour of the British museum. Find links to a range of BBC and British Museum podcasts as well as the ever-so-relevant Desert Island Discs in which guests share their choice of desert island books, personal luxury and soundtracks (illustrator, author and political cartoonist Chris Riddell chooses Young Marble Giants and Leonard Cohen).

[britishmuseum.org](http://britishmuseum.org)

- UK's Natural History Museum takes viewers into the British wilderness with video clips of naturalists at work, including how to make a bird hide, bird box or simply a nature journal.

<https://www.nhm.ac.uk/visit/virtual-museum.html>

- At the Virtual Museum of Canada you can click your way through to interviews, podcasts, exhibitions and games – including the worryingly prescient *Morbus Delirium* from the Montreal Science Centre. <http://www.virtualmuseum.ca/virtual-exhibits/type/virtual-exhibits/>



- The Andy Warhol Museum has lessons on the photographic silkscreen at <https://www.warhol.org/lessons/>
- The Metropolitan Museum of Art has inspirational stop-motion films made by 7–12-year-old animators at MetKids at <https://www.metmuseum.org/art/online-features/metkids/>
- Read NZ Geographic  
Here is an interesting snippet from Road to recovery, an article on takahē in the April 24 edition of 'Together at Home':  
*Nine metres of poo a day... Consider how much a gut that long full of grass might weigh, and you start to grasp why takahē don't fly.*  
<https://www.nzgeo.com/stories/road-to-recovery/>



### Quick 10 Quiz

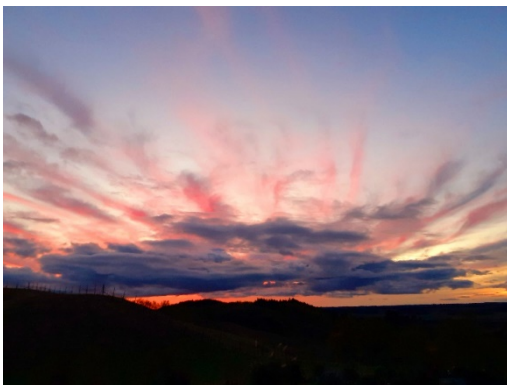
Thanks to Warren for producing another quiz. Answers at the end of this NEWS.

1. What is the second planet from our Sun?
2. What are the two Tararua huts beginning with the letter "T"?
3. On what mountain would you find the Lizard and the Turtle?
4. Looking east from Sharks Tooth what town would you see below?
5. What river meets the sea at Westport?
6. Do Norski toilet doors open in or out?
7. Do Rangiwahia Hut toilet doors open in or out?
8. What word can precede axe, breaker and cream?
9. Hopeless Creek Hut is located in what National Park?
10. What is the name of the pass on the road between Wanaka and Mt Cook?

### What have you been doing during Lockdown?

#### Dave Grant talks about life on the farm

I'd have to admit life hasn't changed much for us out here in the (relative) sticks - sleep, eat, light fire, shift and feed out to stock, pump stock water, shift neighbours stock, refill woodbox, eat, sleep...



*Sunset from the farm*



*A dusting of snow on the Ruahines*

## Doug Strachan gets creative with idioms

To those of you who have read *Old Boots & Packs*, you will know there is a page where I give the definition of 20 idioms; e.g., Vicious circle: A very challenging loop track. I've come up with 30 new ones.

1. Snowed under: not busy, hut bound
2. Tick someone off: going through your list of names to see who's turned up for a tramp.
3. Sleep like a log: sleep stacked up in crowded hut.
4. Take a leaf out of someone's book: last resort when you need to light the hut fire.
5. Come out of your shell: get out of your sleeping bag or tent.
6. Not to know whether you are coming or going: lost, going in circles.
7. Take it or leave it: the question you repeatedly ask yourself when packing for a trip.
8. Give someone a wide berth: switch from double bunking to sleeping on the floor.
9. Take someone down a peg: a prank you play on people when they're in their tent.
10. The buck stops here: the altitude above which you won't encounter male deer.
11. No strings attached: tents on sale at 10% discount.
12. We go back a long way: bragging about the epic trips you do deep into the mountains.
13. Building castles in the air: making cairns
14. Wear your heart on your sleeve: use one of those heart rate monitors while tramping.
15. Throw in the towel: chuck a towel in the boot in case there's a swim after the tramp.
16. Make a mountain out of a molehill: What Warren does when he leads a trip to K2 and Mt Cook (The ones near Baines).
17. Hit the bottle: taking the 3 Bottles Track.
18. The upper crust: what we tramp on.
19. Pack a sad: throw a sad novel into your pack.
20. Rob the cradle: relying on birds eggs for food when you're lost for days.
21. Put a sock in it: stopping the things in the billy in your pack from rattling.
22. Throw caution to the wind: ripping out warning signposts because you're opposed to anything unnatural being in the hills.
23. Trial by fire: sitting by the fire accusing someone of pinching all the dried apricot out of your scroggin.
24. Up the ante: climbing Mt Antero, Colorado.
25. Goody two shoes: what you say when you find both your hut shoes.
26. To pull yourself together: to tighten the shoulder and waist straps on your pack.
27. The long and the short of it: drawing straws to see who has to put the billy on.
28. Call it a day: decide not to make it an overnight trip after all.
29. Show someone the ropes: proving that you're carrying your share of party gear.
30. Make an ass of yourself: carry someone else's pack for them.

## Trip reports

### Tramp becomes a two-week ordeal

Read these interesting reports of Bill Sutch and Morva Williams Tararua crossing and the associated search 87 years ago.

<http://readnow.isentia.com/Temp/41210126/1260181258.pdf>

<http://www.windy.gen.nz/index.php/archives/498>



## Eating in Lockdown

We don't usually eat a lot of potatoes so when we had an overabundance of them in our pantry, I had to find recipes that used them. This one worked well.

### Pea, Feta and Potato Traybake (serves 4-6)

#### Ingredients

- 1kg potatoes, unpeeled and cut into chunks
- 2 lemons, seeds removed, cut into quarters
- Leaves from 1 sprig fresh thyme
- 1 pinch Aleppo pepper or Turkish chilli flakes
- Olive oil
- 200g feta
- Salt and black pepper
- 150g frozen peas
- Small bunch soft herbs (I used mint)
- Extra-virgin olive oil, for drizzling

#### Instructions

1. Heat the oven to 200C (180C fan)/400F/gas 6. Tumble the potatoes on to a 30cm x 40cm baking tray and squeeze over two of the lemon pieces, then toss the rinds into the tray with the rest of the un-squeezed lemons. Add the garlic, thyme and chilli flakes and a generous glug of olive oil. Season well with salt and pepper, toss everything together, and make sure everything is coated with oil.
2. Break the feta into large chunks and sprinkle it over the potatoes. Drizzle with oil again, then bake for 45 minutes, until the potatoes are crisp and the feta is chewy in the middle and crisp on top.
3. Remove from the oven, then prepare the peas. Put them in a bowl, pour boiling water over them for 30 seconds, then drain. Sprinkle the peas into the tray and put it back into the oven for another few minutes. Top with the fresh herbs, then drizzle with plenty of extra-virgin olive oil. The lemons have done their work now and will have transferred all their flavour to the potatoes, so scoop them out before serving in the middle of the table.

## Answers to Quick 10 Quiz

1. Venus; 2. Totara Flats and Tutuwai; 3. Mt Egmont/Taranaki; 4. Stratford; 5. Buller; 6. Out; 7. In; 8. Ice; 9. Nelson Lakes NP; 10. Lindis Pass.

