P.N. TRAMPING & MOUNTAINEERING CLUB

NEWSLETTER - DECEMBER 1967

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CHRISTMAS SOCIAL

Due to bad weather and late shearing we have been forced to change the Christmas Social from Mr. Smith's Woolshed to an area opposite Tony Morrison's at Tiritea to take the form of a Barbecue.

The Club will provide supper and a collection will be taken to help cover expenses. So,

NEXT MONDAY, 18th DECEMBER at TIRITEA - BARBECUE:

Tug-of-war, etc. and lots of fun for all. Let's see all of you at this last Club evening of the year. Bring a cup and wear old clothes. Starting 7.00P.M. SHARP.

TRIPS FOR 1968

JANUARY 20-21-22: RANGI HUT in the Ruahines. A very easy and enjoyable long week-end in the Ruahines.

Leader: W. Boucher Phone 79.839

<u>FEBRUARY 4th Sunday</u>: FIELD HUT in the Tararuas. Nice and easy bush and tussock tops.

Leader: K. Potter Phone 79.499

<u>FEBRUARY 17 – 18th</u>: PURITY HUT - HIKURANGI RANGE - a little harder. Leader: R. Clarke Phone 76.719

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The Committee would like to wish all members a very Merry Christmas and a Happy New Year and to hope that you all have a fine and enjoyable holiday.

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<u>CHRISTMAS TRIP</u> <u>NELSON LAKES</u> <u>NATIONAL PARK</u> DECEMBER 26 - JANUARY 7th

We depart Palmerston North 4a.m. Train December 26th; catch the Inter-island Ferry for Picton 10a.m.; leave by bus for Rotoiti on arrival at Picton.

Return to Palmerston North on 10a.m. Ferry January 7th.

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The following food list as per the F.M.C. Bulletin is selected for lightness and high calorific value and <u>must be adhered to</u>. Food should be packed in plastic bags - do not use heavy containers. Where several different types are listed a choice may be made, i.e. tea, coffee, milo etc.

The Total food weight will be between 16-20lbs. for the 10 days.

Fresh food will be purchased in the South Island for the first two evenings. All members <u>must</u> have sleeping bag covers and a small first aid kit. Put your spare clothes in plastic bags. Personal gear should NOT exceed 25 lbs.

<u>NOTE</u>: You buy your own food as listed EXCEPT Beef Rice Dehyd., as we will get a discount on this by buying in bulk. All food will be pooled and individual cooking will not be allowed.

FOOD LIST TO BE CARRIED BY ALL MEMBERS

9 pkts Beef Rice & Curry Dehyd. Stew. 2 8oz. pkts., Dehyd. Potato Powder. 3 small pkts. Surprise Peas " " Surprise Beans & Carrots 3 1 lb. Rice 1 lb, dried apricots. 2 pkts,. Gregg Instant Pudding (in plastic bag with equal amount of milk powder). 1 lb. Porridge 1¹/₂ lbs. Bacon 2 pkts, sweet biscuits 1 lb. butter 1 lb. cheese Vegemite, jam or honey 5 pkts. Maggi soup Chocolate or other sweets 1 lb. raisins, dates or figs Bread Rolls. Cabin Bread or 2 small tins sardines Ryvitas Sugar or KP Saccherine tablets 4/6 500. Salt Instant-Fizz tablets Instant Tea, Coffee, or Milo etc. Milk powder or Tube Milk or Highlander (put in plastic bottle) Salami (or own choice). Plate cup knife, spoon Pot scrubber and small piece soap. You may bring a few extras in food line, not more than 1 lb. weight. The check list below is Personal Gear. Woollen clothing recommended (and is your own choice). Sleeping Bag, .Inner lining Pack Parka & Gloves " Cover Swandri Jersey (light) Woollen shirt & light shirt 4 prs. (at least) woollen socks Boots & spare laces Woollen longs Shorts Change underclothes Maps, compass, matches; first aid, small torch, reading material; small towel & toilet gear; camera & film.

--- Russ Lacey Ph. 81.436