

P.N. TRAMPING & MOUNTAINEERING CLUB INC.

Hon. Secretary
Heather Crabb 77-668

P.O.Box 1217,
Palmerston North.

NEWSLETTER 1/72

COMING EVENTS

25th December: Christmas Day. Ideas for Father Christmas: -
torch, woollen mittens, Tararua Map NZMS 57, Topographical map NZMS 1 sheet
N140 (of Rangi area), compass, windproof over-trousers.

NORTH ISLAND CHRISTMAS TRIP

Possibly a traverse of the Tararuas. The time, place, length of trip etc, will be
decided by those taking part. Owen Robinson (phone 88-512) is known to be keen. Names
to Bruce Lockwood, phone 75-826, pronto.

2nd January. WEST TAMAKI

A pleasant splash in a gentle stream in the Eastern Ruahines.

Grading: Easy Cost: Approx. \$1.00

Depart Izadium: 7 a.m. Sunday.

Names to Lawson Pither, phone 85-616 before Christmas.

8th-9th January. TAWHERO-ROARING STAG LODGE-RUAMAHANGA GORGE

Eastern Tararuas.

Grading: Medium Cost: Approx. \$1.50

Depart Izadium: 6.00 a.m. Saturday. Names to Trevor Stretton, phone 84-925

14th --16th January NORTH EGMONT

Various excursions including an ascent of Egmont will run,

Grading: Easy, Medium, Fit. Cost: Approx. \$5.00

(option more accommodation extra) Leader: Bruce Lockwood,
phone 75-826 Depart Izadium: 6:30 p.m. Friday.

20th January. COMMITTEE MEETING

7:30 p.m. Thursday at Kevin Pearce's, 378 Botanical Rd.

21st -24th January ANNIVERSARY WEEKEND visit to the Ruahines

OHUTU RIDGE – POTAE - COLENZO

Grading: Medium Cost: Approx. \$3.50

Depart: 7 p.m. Friday Leader: Trevor Stretton, phone 84-925

MAROPOEA FORKS

Grading: F.E. Cost: Approx. \$3.50

Depart: 7 p.m. Friday Leader: Peter Baxter, names to

Heather Crabb: phone 77-668

27th January, CLUB NIGHT

Come and show off your sun tan and listen to tall tales and true of Christmas
activities.

SUPPER DUTIES: Kevin Pearce, Richard Murcott.

29th -30th January WAIHOHONU – TAMA LAKES – CHATEAU

Grading: Easy Leader: Tom Easterbrook phone 81-

109 ext. 827 (after 5 p.m.) Cost: about \$4.00 Depart Izadium:

6 p.m. Friday.

also ROCK CLIMBING MEADES WALL and other activities.

NOTICES

1. The club has recently purchased a Gestetner stencil duplicator at a cost of \$180. This newsletter was printed on it.
 2. Members are reminded of the Club's annual colour slide competition held every April. Christmas provides an excellent opportunity for taking slides.
 3. Details of any mountain ascents should be forwarded to the Secretary for inclusion in our Club's Ascents List.
 4. NEW MEMBER Welcome to Miss Ina Te Wiata who has been elected to membership.
 5. FOOD FOR TRAMPING TRIPS.
Six foolscap pages of recipes, menus and quantities of food for trip leaders and others planning tramping, hunting or climbing trips. Copies available from the Secretary 10 cents each.
 6. CLUB MONOGRAMS are available from the Treasurer, at \$1.30 each.
- WANTED: Any old firearms, even in poor condition. Contact Peter Sutcliffe, phone 72-231 (home) or 80-059 (work)

A NOTE ON HAVING AN UNEXPECTED NIGHT IN THE BUSH

In October, I could have died of exposure within about 5 miles of Upper Hutt. This is the reason when it happens -- summer tramping can be more dangerous than winter climbing. If you go out without a good breakfast, get wet, lose all your gear and have to spend a night out then at best it could be an uncomfortable experience. Of course, it won't happen to you, but just lose your pack in a flooded river and see how you get along. So if you don't want to learn the hard way -- be prepared to for the unexpected worst and here are a few things that might be useful.

1. Always carry a sealed box of matches and some food, say chocolate on your person. Remember you're going to lose everything.
2. Don't rely on the map or bushcraft manual; know them.
3. Try not to discard too much of your woollen clothing; it's the only thing that will keep you warm at night if you're wet. If you do get lost, and it gets too dark to see
4. Don't move unless you know where you're going.
5. Prepare for the night, if possible before it gets dark. Find shelter of any kind, line it with grass or ferns or even branches.
6. Keep the vulnerable parts of your body as warm as possible -- that is your head and stomach; you won't die from having cold legs.

P.S.