



# PALMERSTON NORTH TRAMPING AND MOUNTAINEERING CLUB INC.

P.O. BOX 1217

PALMERSTON NORTH

NEWSLETTER

December 1990 & January 1991  
Christmas Holiday Edition

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President	: Tony Gates	70-990
Membership Enquiries	: Tricia Eder	70-122
Gear Custodian	: Daryl Rowan	64-655
Newsletter Editors	The DRI Gang	w 504-652
Newsletter Distribution	: Peter Wiles	86-894

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## ENQUIRES CONCERNING OVERDUE TRIPS

Brad Owen	: Ph. 83-467
Daryl & Linda Rowan	: Ph. 64-655
Sue & Lawson Pither	: Ph. 73-033

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ALL TRIPS LEAVE FROM THE FOODTOWN CAR PARK IN FERGUSON STREET.  
IF YOU WANT TO GO ON A TRIP, PLEASE ADVISE THE LEADER AT LEAST THREE DAYS IN ADVANCE.  
IF YOU ARE INTERESTED IN AN ALTERNATIVE DAY OR WEEKEND TRIP, CONTACT THE LEADER OF  
THE SCHEDULED TRIP.

Members are reminded that a charge for transport will be collected on the day of the trip, the amount depending on the distance traveled and vehicles used. Leaders should be able to give an estimate in advance.

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## THURSDAY EVENING PROGRAMME

Please sign your name in the visitors book. There is a door fee of 30c which includes supper.

The PNTMC committee meets on the first Thursday of each month, at 436 College Street. Meetings are held for all club (and intending) members on the last Thursday of each month and the Thursday two weeks prior to that evening. The venue is the Society of Friends Hall, 227 College Street, Palmerston North, at 7:45 pm.

### Club evenings

**Dec 13<sup>th</sup>** Club Christmas dinner at the Coachman, Palmerston North. Tickets \$30 per person from Tony Gates (Phone 70-990). Last year's dinner was really excellent.

**Jan 31<sup>st</sup>** Celebrate the first Club evening in 1991 at an informal barbecue at 94 Wood St, Palmerston North. (7:30 pm) Menu includes scrumptious 'venison a la Hollenstein'.

**Feb 14<sup>th</sup>** Club evening (at the Hall this time)  
Don French, a former member of PNTMC, and a very experienced climber and trumper will present a talk on his mountaineering exploits.

**Feb 28<sup>th</sup>** PNTMC members talk about their Christmas trips. More details in the next newsletter.

### Trip List

**Dec 15-16** Mt Ruapehu  
Grade: Fit/technical  
Leader: John Barkla (Phone 06-343-6022)  
Climbing trip to the summit plateau of Ruapehu

- Dec 15-16** Ruapehu  
Grade: Easy  
Leader: Doug Strachan (Phone 75-732)  
Tramping trip - details to be arranged
- Dec 22-23** Ruahine Range  
Grade: Medium  
Leader: Tony Gates (Phone 70-990)  
Medium trip to Cattle Creek hut, in the sunny Pohangina Valley.
- Dec 28 - Jan 4<sup>th</sup>** Club Christmas Trip to Lewis Pass  
Grade: to suit all  
Leader: Tony Gates (Phone 70-990)  
General Route - Cannibal Gorge - Brass Monkey Biv.  
This is a really nice part of the South Island to tramp in, with interesting places to visit and suitable mountains to be climbed if you have the energy and inclination.
- Jan 19-21** Tararua Range (Anniversary Weekend)  
Grade: Medium Mt Holdsworth - Powell Hut  
Leader: Doug Strachan (Phone 75-732)  
Mt Holdsworth & Powell Hut in the Eastern Tararuas
- Jan 19-21** Tararua Range (Anniversary Weekend)  
Grade: Fit  
Leader: Tony Gates (Phone 70-990)  
Mitre - Holdsworth traverse, a classic Tararua trip.  
Plans to meet up with Doug Strachan's trip.
- Jan 27<sup>th</sup>** West Tararua Range  
Grade: Family easy  
Leaders: Linda & Darryl Rowan (Phone 64-655)  
Ohau River tramp and swim, hopefully on a hot summer day.
- Jan 27<sup>th</sup>** West Tararua Range  
Grade: Medium Ohau River  
Leader: Claire Binnie (Phone 552-730)  
Tramping the the Ohau Valley
- Feb 2-3** Wanganui - Waitotara Valley  
Grade: Easy - medium  
Leader: Tony Cameron (Phone 65-461)  
Travel up the Waitotara Valley to Trains Hut and explore some new territory.
- Feb 2-3** Mount Egmont (Northern Side)  
Grade: Graded to suit all trampers.  
Leader: Michael Johns (Phone 552-162)  
Stay in Tahurangi Lodge - above the North Egmont road end. You might get to the top if the weather is fine.
- Feb 6<sup>th</sup>** WAITANGI DAY trip to Mt Bruce  
Grade: Easy day.  
Leader: Greg Reid (059) 25-878  
Easy day trip to Mt Bruce bird reserve.
- Feb 9-10** Ruahine Range  
Grade: Fit weekend  
Leader: Roger Redmayne (0650) 48-376  
Tramp over the rugged Mokai Patea Range and stay in Crow & Mckinnon Huts. Another of Roger's popular expeditions.
- Feb 9-10** Ruahine Range  
Grade: Medium weekend.  
Leader: Doug Strachan 75-732  
A trip to Tony's stamping ground, the Hikurangi Range, inland from Mangaweka.
- Feb16-17** Ruahine Range  
Grade: Fit weekend.

Leader: Mick Leyland 61-608  
Pohangina Valley - Longview - Centre Ck circuit trip.

**Feb 16-17** Kaweka Range  
Grade: Easy weekend.  
Leader: Sue & Lawson Pither 73-033  
A mystery destination in the Kaweka Range.

**Feb 16-17** MACPAC Kaweka Challenge  
Grade: Fitness essential  
Contact: Tony Gates (Phone 70-990)  
Another mountain marathon event, this time in the North Island, in the rugged Kaweka Range.

**Feb 23-24** North-East Ruahine Range  
Grade: Easy-medium weekend.  
Leader: Arthur & Lis Todd (Phone 36-246 before 7am, or 504-649 ext 8652 in work hours)  
A gentle exploration of the Makaroro River – Colenso Spur area of the Ruahine Range (not as rugged as Colenso's exploratory travels)

**Feb 23-24** North-West Ruahine Range  
Grade: Fit weekend.  
Leader: Michael Hewett 86-853  
Tramp to the beautiful Lake Colenso.

**Feb 23<sup>rd</sup>** Easy Cycling Trip (Saturday)  
Grade: Easy medium day.  
Leader: Sally Hewson 70-990  
Cycle along North Range Road. Good views over the Manawatu in fine weather.

### **Extra Trips over the Christmas Period**

Extra trips can be organised over the Christmas break if anyone is interested. A 2-3 day Ruahine Crossing is already proposed for early in the new year.

For further details please phone the following contacts:

- |   |   |            |               |
|---|---|------------|---------------|
| - before Dec 20 <sup>th</sup>                             | - | Tony Gates | (Phone 70990) |
| - between Dec 20 <sup>th</sup><br>& Jan 7 <sup>th</sup> . |   |            | Phone 297-868 |
| - after Jan 7 <sup>th</sup>                               | - | Tony Gates | (Phone 70990) |

### **Errors in Trip Card**

There are two incorrect phone numbers in the Club trip card. The correct contact numbers are:

Michael Johns 552-162  
Linda & Daryl Rowan 64-655

### **President's Editorial**

MERRY CHRISTMAS and all that. Happy summer tramping, take care, and get out in the hills as much as possible.

PNTMC is as active as ever, with members out somewhere every weekend. There's much offered by this Club, so get into contact and talk to the trip leaders. The events calendar states the salient details of trips that are discussed in this newsletter and at Club evenings. There are also a few people keen people who do private trips during the week, and even after work. I have fond memories of watching the sun set from the hills above Whariti and grovelling back to the car at dusk. Yes, P.N. is centrally located to easily access good spots where we can go on evening runs and walks.

There have been two excellent slide shows recently at our Society of Friends meeting rooms. Sharon English enlightened us about Nepal, mountaineering and more mountains. Clive Jones, who recently travelled to the Peruvian Andes, spoke and showed slides of those great mountains. He suffered from altitude sickness for a while, until he and his partner, and their guides gained that most magnificent mountain summit - Alpamayo. Many more good slides-shows to come.

Maps are essential for our activities and are appreciated by us all. A giant 1:50 000 map has just been completed and mounted on particle board to cover the entire Tararua and Ruahine Ranges. This is to be taken to our Thursday evenings, so trips future and past, can be discussed.

## **Address Change**

Recent changes of address and phone number are:

Catherine Farquhar  
28 Ward Street, Palmerston North.  
Phone 74-576

John Barkla & Marilyn Barnard,  
21 Balance Street, Wanganui.  
Phone 06-343-6022

Gayle Collis (nee Hogan)  
RD 5, Palmerston North.  
Phone 290-888

## **Book Review** (by Tony Gates)

Native Edible Plants of New Zealand  
by Andrew Crowe, Hodder and Stoughton, 1990.

This is a revised and redesigned paperback edition of Andrew Crowe's previous book on the same subject. It is very readable, with an easy to follow layout based on species descriptions each of about one page.

Common, Maori, and Latin names are stated. There are good line drawings, and a few photographs. Despite a somewhat daunting list of selected references, the introduction and 'principle chapters are designed for the lay person as much as the botanist.

Chapter by chapter, various plant species groups are mentioned, with emphasis on the numerically larger groups. Seaweeds, lichens, mosses, mushrooms, ferns, scrubs and trees are all mentioned if they are known to have edible parts. Each edible part is considered, nutritional value, and where necessary, vitamin, mineral and enzyme components. What type of food, its historical or present use, how to cook, season to harvest, poisonous as well as edible parts and even related plants are all mentioned. It is all based on practical experience and advice from Maori experts.

There are a lot of commonly known edible plants, but also many very common plants we are ignorant of. This book tells it all; it provides a long long list of what all trampers should know. Bush survival will never be the same again.

## **Giardia - An update** (By Peter Wiles)

Most of you will have heard about this new hazard to your health - giardia - an unpleasant little parasite belonging to the amoeba family. The people that it is most likely to introduce itself to is us - trampers!

Giardia lives in the intestinal tract. It is microscopic, and cannot be seen by the naked eye. It can cause rather severe stomach/gastric upsets, days or even a week or two after infection.

The organism has two stages in its life cycle. The vegetative / swimming (or active stage) and the cyst (or inactive stage). The cyst is the (infective) stage, and when they get into the gut they revive themselves into the active stage. It is often found in natural water, rivers and lakes. No indication of pollution is necessary.

Giardia is spread by cysts being passed in the faeces and entering a new host through the mouth. Poor toilet waste disposal can result in the cysts being flushed into water courses (or blown as dust). Giardia can survive in very cold water. When contaminated water is drunk, giardia feeds in the gut, multiplies and in turn is passed out in the faeces to contaminate further water supplies.

To control the spread of giardia:

- Where toilet facilities are provided – use them.
- Where no facilities exist, bury toilet waste.  
Select a place more than 50 metres away from water sources and busy areas. (Avoid areas that may be flooded.)  
Dig a shallow hole within the organic layer of the soil and bury waste and paper.
- Wash hands after going to the toilet and before handling food. Do NOT wash hands directly in a water source.  
Take water away and drain it into the ground after use. (This makes life difficult but the alternative is a lot worse.)

Some huts and bivvies depend on small tarns for their only water supply. Be very careful not to pollute the supply.

There are three methods of treating suspect water supplies which you think may be contaminated by giardia:

1. Boil the water rapidly for about 3 minutes to kill the cysts. This is generally the easiest option for all water.
2. Use iodine or chlorine tablets to disinfect the water. Ten drops of tincture of iodine per litre of water or 2 or 3 drops of household bleach per litre will kill the cysts after 20 minutes standing time.
3. Filters with a mesh size of about 5 microns are able to remove the organisms from the water. Some filters are available, but quite expensive.

If you have contracted giardia you may have the following symptoms: explosive foul smelling diarrhoea, stomach cramps, bloating, dehydration, nausea and weight loss. It may take three weeks for symptoms to appear. Unlike other types of diarrhoea Giardia can last for months. As a carrier, you may spread the parasite to others.

Treatment is simple with appropriate drugs – see your doctor.

A number of rural water supplies are known to be contaminated. Research is being undertaken to establish more about the organisms in NZ. Especially what varieties are present and whether all varieties can infect humans.

### **Trip Reports**

#### **Diggers - Forks** - (Deerstarkers and opossum tracks)

Sunday 14/10/90 Leader Mick Leyland

Being a good committee member, I reminded the leader at Club night not to forget his trip report – he said he had given me the job – I thought I don't remember this ..... However, being a good member of the party and always doing just what the leader says, I thought before I forget the trip I'd make some notes for the next edition of the newsletter.

Perfect day, no wind, steady climbing for 3/4 hour over farmland and then into the bush. A new route, a part of the way up, had a bad slip. We arrived at the hut in good time. Two deerstalkers were occupying the hut, one cooking up steak and onions for brunch and the other out hunting. I was relieved to hear our leader ask what direction the hunter would be from us. We had morning tea and a get together in a nice clearing down from the hut. We had several rounds of real coffee (not this instant stuff!) thanks to Marcel. With everyone feeling revived, we felt able to tackle any sort of climb after this brew.

We were reminded by the leader that we were not here to laze in the sun. So it was down to the river, then to the right and then up, up and more ups, before eventually reaching the tops. This I soon discovered was not an ordinary tramping track. It wasn't a track at all – just a splash of red paint on the occasional branch. However with two compass readers it was decided we should continue along the tops and then down (miles down) to the river below.

This is where we did a lot of bush bashing and calling out to each other when separated. (I actually used my whistle twice.) We were told to bring cover-up gear for large bush nettles (Onga Onga). However, this did not worry us greatly. The river was lovely and the writer went for a dip. An hour down the river saw us back where we had  
XX.

We were: Mick Leyland, Tricia Eder, Monica Cantwell, Jane Davies, Peter & Judy Stockdale, and Marcel Hollenstein.

#### **Stanfield Hut** (Sept 15)

Nine of us set off from Palmerston North for West Tamaki River road end, collecting two Pahiatuans at Woodville. We were followed into the carpark by a car – and another – and another – forty-eight keen Napier trampers set off up the river. Backtracking down the road; we went up the ridge, finding cornering difficult against the wind until we reached the shelter of the bush. The wind continued to roar overhead.

At our customary sunny morning tea spot, it was only possible to pause briefly by hanging onto the sign to prevent an involuntary paraponte to the river below. Finding the rest huddling in the bushes, we all scampered down the recently cleared track and up to Stanfield Hut. It is amazing how cosy a Forest Service 6 bunker looks with a bright fire and welcoming resident hunters and hound. After enjoying a leisurely lunch and hot cuppa, most decided to explore the track towards Cattle Creek – while Cathy and I moved closer to the fire.

After reassembling and setting off down river, our youngest member (7 years old) had a mishap with a fallen tree. A large bandage, a shuffling around of packs and he was transported with speed and style to the road end. (Thanks Dave.) The rest of us splashed on down to the carpark for a chat and another cuppa.

We were: Tricia Eder, Bev Collville, Jan Moore and two sons, Jenny and Cathy McCarthy, Gavin Rogerson, Dave Orbell, Peter Groobe, Liz Morrison.

#### **Labour Weekend at Tama Lakes & Mt Ngauruhoe**

We parked at the Waihohonu road end at about 9am. There seemed to be few people around, as there were no other cars at the park and we passed a chap on a mountain bike, heading out from Waihohonu. Some distance further on towards

Lower Tama Lake we met a couple heading across from the Chateau. Lower Tama Lake appeared as a bit of a surprise to us - suddenly this huge hole in the ground.

It looked rather bleak, so after lunch and the weather looking uncertain we headed up the ridge to Upper Tama Lake. This did not take as long as it looked at first sight. This lake looked much more inviting. In fact Upper Tama is perhaps one of Tongariro National Park's better kept secrets. Few people seem to visit the area. A few metres from the water's edge, on a patch of Snow Totara we set up the tent.

After a rest, we climbed up to the ridge and headed up Tama. This gave a good general vantage point of the area. We returned to base. During the night the breeze came up and in the morning, we were slightly surprised to find ourselves engulfed in mist / cloud. We climbed up to the ridge on the northern side of the lake and headed towards Ngauruhoe. We found that we had to lose at least 50m down to a saddle before reaching Ngauruhoe.

At the saddle (which was below the cloud), we discovered a reasonably substantial power cable running across it. We could not figure out what it was for. We then started up the rubble on Ngauruhoe. Soon we entered the cloud again and before long reached the snow at about 1750m. To our surprise the snow was soft and lots of fresh stuff about 15 cm deep at that. This made progress rather hard work and especially as we could see little of our target or our progress. Eventually about 10am we reached the crater rim. In the cold breeze we could see next to nothing, so we found a spot where the warm rocks had melted out a cavity under the sastrugi. Here we stopped to adjust our clothing and have a snack. We hoped we might get a clearance but the cloud layer reached up a tantalizingly short distance above us. We decided to head north along the crater rim and began to head down off the northern ramp of the rim when there was a sudden dramatic clearance down to about 300m below us. How long was it going to last? We immediately headed up the inner crater slope and peered down into the main throat. This was rather impressive as neither of us had seen this before – steam slowly drafting out from various spots in the crater. I was cursing that I should not have been so lazy and brought the camera. Ruapehu stood proud above the layer of cloud – clear and dazzling in the sun. The top-most parts of Tongariro also just poked through the cloud. South Crater was completely covered with snow still. We could see a solitary trapper walking across the crater. After some time we headed down from the crater rim and began a long corkscrew descent starting down the northern slope and twisting around the eastern side of the mountain until we reached a point at the south east above the saddle with Tama. We had lunch in the sun high above and overlooking the Waihothonu Valley. Once we reached the saddle, it was decision time. The weather was looking like it was not getting any better, so we dropped off some of our gear by a prominent rock and headed back to our camp. After a drink, some more food and a rest, we packed up and headed off to retrieve the gear. Before going far we bumped into Arthur and Lis Todd who seemed to be doing a Cook's Tour of anything and everything in the Park. After packing our gear, we did a sidle across the northern side of Tama to pick up the long ridge which heads east. Not far above the Waihothonu Hut, we left the ridge (very good travelling) and followed an old track, which in the end did not take us anywhere. After a short bush-bash we arrived at the hut filled by this stage with a cast of thousands. After another hour's travelling and with rather sore feet we reached the car.

Lance Broad and Peter Wiles.

### **Labour Weekend at Mt Ruapehu** (by Arthur & Lis Todd)

On arriving at the normally deserted Mahuia camp site we were amazed to see it packed with cars & vans loaded with canoes & cycles. Only in the morning did we find out that the 'mountains to the sea' marathon was in town.

On Saturday we set off from Iwikau village to climb Te Heuheu, the northern peak of Ruapehu. Avoiding skiers, we sidled onto the upper part of the ridge above the Pinnacles, and climbed towards the saddle. By mid morning it was very warm, with light cloud and not a breath of wind, but the snow was still firm. After reaching the top an extended lunch stop was taken. Then we traversed along the summit ridge to the Dome. The return to the carpark was a weary plot down very soft slushy snow.

On Sunday, we walked to Tama Lakes. From Upper Tama, where we saw Lance and Peter's camp, we set off to circumnavigate the Tama Lakes. This involved climbing to the base of Ngauruhoe, crossing several ridges and a dry lake bed, and returning to the Chateau-Waihothonu highway along the ridges to the East of the Tama Lakes. By this time Lance and Peter had broken camp, and we met them on their way out.

The weather on Monday was not suitable for further tramping, so we spent some time looking at the local botany & drove home via Wanganui.

### **Foxton Beach Search and Rescue Exercise** (by Mick Leyland)

Friday night all ground teams gathered at the Foxton Life Saving Club's Hall. Soon all vacant spots in the hall were changed to occupied, with sleeping bags and gear strewn across the floor. The groups then bent their ears eagerly to the briefing of the exercise that would commence Saturday morning.

On Saturday morning the groups awoke to a clear calm dawn that hinted at the sunny day that awaited them. Bowls of sawdust (muesli) were quickly forgotten as everyone tucked into a not so healthy but very scrumptious breakfast of bacon, eggs, snarlars, spaghetti and toast. The team leaders were then given a map and the task (river bank search). Then it was

the demo of how to use the new radios. They were about one third the size of the previous type and also meant to be easier to use, but some of us had our suspicions, that we were not ready to meet this new member of modern technology.

It was then time to put our infinite knowledge of search and rescue to the test. Having lived in the Manawatu all my life, I didn't need to consult the map to know where we should be dropped off and I expertly directed the driver to the spot.. The driver returned to base. The time came when a map reference was required by radio to base, only to find to my embarrassment that we had been deposited 8 km down stream from the correct starting point. Michael volunteered to radio back to base to report my blunder and eventually we were picked up and deposited at the correct spot. During the day, some items were found which helped our enthusiasm – despite the diabolical hay fever. At about 6pm., we were taken back to Foxton Beach Life Saving Club for a shower, hot meal and party.

Sunday was another fine day and cooked breakfast. That day all ground parties went across the river to contact search part of the pine forest. This required everyone to stand in 2 long lines staying in contact with the persons on each side of you. After moving through the forest for an hour or so, we found a pseudo survivor who was placed gently onto a stretcher and carried out to a waiting boat.

Then it was time to wrap up the day with a debriefing and we watched a display which consisted of 2 inflatable rafts being dropped from a small plane and then they were scooped up by a helicopter using a scoop net from the river.

Search and rescue exercises are excellent for everyone. It is a good time to iron out faults and brush up on rusty skills. I would recommend it to everyone in the tramping club to take the opportunity next year.

The team were: Mick Leyland, Tricia Eder, Marcel Hollenstein, Mike Johns, and Gavin Rogerson.

### MAY

4/5 RUAPEHU Medium Ketetahi hot springs, Leader: Mary Crow 290 749

11/12 TARARUAS Easy Mitre Flats, Leader: Alison McColl 89 326  
Easy medium (Sunday) Mitre Flats, Leader: Tricia Eder 70 122

MAY 16 Club evening

18/19 Easy (Sat) Rimutaka Walkway Cross Creek, Leader: Sue & Lawson Pither 73 033  
Medium Oroua - Iron Gates, Leader: Brad Owen 83 467

25/26 RUAHINES Medium Keretaki - Maharahara, Leader: Mick Leyland 83 183  
Easy (Sun) Southern Ruahines (mystery), Leader: Liz Morrison 76 532

MAY 30 Club evening

### Trip Grades

Grades of trips can depend on many factors, most especially the weather conditions. As a guide, a fit trapper would be expected to cover the graded trips in the following times: Easy: 3 - 4 hours, Medium: 5 - 6 hours, Fit: about 8 hours, Fitness Essential (FE): over 8 hours.

### Gear

The club has gear available for hire. For major trips and instruction courses, some gear might be in short supply and early bookings are desirable. Phone Daryl Rowan (64655) between 5 & 6 pm.

### Gear for General Trips

For day trips, each person should have appropriate footwear, small pack, lunch and suitable nibble material, water bottle, parka, over trousers, gloves. There must be at least one torch, first aid kit, map and compass amongst the group, plus an adequate supply of toilet paper, sun cream. On snow, dark glasses or goggles are essential.

For weekends or longer trips, a large pack, with sleeping bag and cover, carry-mat, parka, over-trousers, mittens, balaclava, longjohns / change of warm cloths, torch with spare bulb, map, compass, eating utensils, first aid kit, sun cream, candle, matches, toilet paper, and food for one evening dinner (usually communal), breakfast, and 2 lunches + nibbles. Hut passes will be required depending on location and plans.

### Overdue Contacts

Linda Rowan ph 64655, or Brad Owen ph 83 467, or Lawson & Sue Pither ph 73033

### Club Officers

The club officers for 1990/91 are:

President: Tony Gates 550 941

V. President: Tricia Eder 70122

Secretary: Brad Owen 83467

Treasurer: Peter Wiles 86894

Membership enquires: Tricia Eder 70122 & Monica Cantwell 83834

Newsletter mailing: Peter Wiles 86894 Gear Custodian: Daryl Rowan 64655

### PNTMC Six Month Event Calendar - Nov.90 - May 91

### NOVEMBER

3/4 Fit Southern Tararuas, Leader: John Thomson 74 320  
Cycle (Sunday) Tiritea Block / Greens Road, Leader: Tricia Eder 70 122

10/11 RUAHINES Fit Sawtooth Ridge, Leader: Tony Gates 70 990  
Medium (Sunday) Hinerua Hut, Leader: Doug Strachan 75 735

NOVEMBER 15 Club evening

17/18 RUAHINES Fit Rangiateatua - Broken Ridge  
Leader: Roger Redmayne (0650) 48 376  
Medium (Saturday) Gold Creek, Leader: Mick Leyland 83 183

24/25 Medium/Fit S A R E X, Foxton Beach area, Contact for details:  
Tricia Eder 70 122. Event starts on Friday evening.  
Easy (day) Coppermine Creek / Whariti, Leader: Dave Hunt 63 853  
24 Tararua Mountain Race, Teams of 2; Contact Tony Gates (70 990) if interested  
NOVEMBER 29 Club evening

### DECEMBER

1/2 TARARUAS Fit Southern Crossing in reverse, Leader: Marcel Hollenstein 80 245  
Easy / medium Kime Hut, Leader: Tony Cameron 65 461

8/9 RUAHINES Medium Whanahua Range - tussock tops, Leader: Tony Gates 70 990  
Gourmet Rangiwahia Hut and in conjunction Easy (Sunday) Rangiwahia Hut,  
Contact for details: Jim Cooper 89 861

DECEMBER 13 Club evening (Christmas dinner, Coachman)

15/16 MT RUAPEHU Climbing Summit plateau, Leader: John Barkla (064) 52 373  
Tramping (easy) trip - details to be arranged, Leader: Doug Strachan 75 732

22/23 RUAHINES Medium Cattle Creek Hut: Event to be organized people interested. Contact Tony Gates 70 990

28 / JANUARY 4 LEWIS PASS, CHRISTMAS TRIP: Graded to suit: Cannibal Gorge - Brass Monkey Biv, Contact: Tony Gates 70 990

### JANUARY

19/21 (ANNIVERSARY WEEKEND) TARARUAS Medium Mt Holdsworth - Powell Hut, Leader: Doug Strachan 75 732  
Fit Mitre - Holdsworth, Leader: Tony Gates 70 990

27 TARARUAS Family easy Ohau River tramp and swim, Leaders: Linda & Darryl Rowan 67 460  
Medium Ohau River, Leader: Claire Binnie 552 730

JANUARY 31 Club evening barbecue, 94 Wood St 80 245

### FEBRUARY

2/3 WANGANUI / TARANAKI Easy / medium Waitotara Trains Hut, exploration Tony Cameron 65 461  
Graded to suit Tauharangi Lodge Mt Egmont, Leader: Michael Johns (0653) 47 702

6 (WAITANGI DAY) Easy Mt Bruce Bird Reserve, Leader: Greg Reid (059) 25 878

9/10 RUAHINES Fit Mokai Patea Range Crow - Mckinnon Huts  
Leader: Roger Redmayne (0650) 48 376  
Medium Hikurangi Range Mangaweka, Leader: Doug Strachan 75 732

FEBRUARY 14 Club evening: Don French; on "Mountaineering"

16/17 RUAHINES Fit Pohangina Valley - Longview - Centre Ck  
Leader: Mick Leyland 61 608  
Easy Kawekas, Leaders: Sue & Lawson Pither 73 033

23/24 RUAHINES Easy / medium Makaroro River - Colenso Spurs: Arthur & Lis Todd 36 246  
Lake Colenso crossing, Leader: Michael Hewett 86 853  
Cycle (Saturday) North Range Road, Leader: Sally Hewsen 79 009

FEBRUARY 28 Club evening

### MARCH

2/3 TARARUAS Medium Roaring Stag - Cattle Ridge, Leader: Darren Scott 64 874

Easy / medium (Sunday) Ruapae, Leader: Tricia Eder 70 122  
Rock climbing Baring Head, Leader: Jenni Madgwick 590 536

9/10 RIMUTAKAS Fit Search for Lost Lake, Leader: John Thompson 74 320  
Caving (novice) Mahaonui (Nth Taranaki), Leader: Steve Glasgow (0650) 68 838

MARCH 14 Club evening

16/17 RUAPEHU Crevasse rescue (technical), Leader: Peter Wiles 86 894  
Medium (Sunday) Ngamoko Range, Leader: Paul Scheyvens 74 138

23/24 RUAHINES Fit Diggers Hut - Makawakawa, Leader: Marcel Hollenstein 80 245  
Easy Diggers Hut, Leader: Mary Crow 290 749

MARCH 28 Club evening (AGM)

29/30/31/?? (EASTER) Rock Climbing Whanganui Bay (technical), Leader:

### APRIL

6/7 TARARUAS Easy / medium Totara Flats, Leader: Chris Saunders 84 899  
Easy / medium (Sunday) Kapakapanui, Leader: Tricia Eder 70 122

APRIL 11 Club evening

13/14 RUAHINES Medium Ngamoko Range - leatherwood search, Leader: (Sunday) Jim Cooper 89 861  
Medium (Sunday) Stanfield Hut, Leader: Gavin Rogerson 34 702

20/21 KAWEKAS Fit Te Puke - Venison Tops, Leader: Tony Gates 70 990

APRIL 25 (ANZAC DAY) Club evening ?

APRIL 25 (ANZAC DAY) RUAHINES Easy Takapari Road A Frame Hut, Leader: Kevin Pearce 70 217

27/28 RUAHINES Medium Hikurangi Range Tussock Tops, Leader: Claire Binnie 552 730  
Easy (Sunday) Mangaone Walkway, Leader: Margret Riorden 67 460